

JULY 15-17, 2018
CEDAR FALLS, IOWA

TRAUMA- SENSITIVE SCHOOLS TRAINING

EXPLORING THE "WHAT
WORKS" AND "WHY"

MS. JEN ALEXANDER
MA, SB-RPT

MS. JEN'S *BONUS* PRE-TRAINING (7/15/18)



LED BY AN EXPERIENCED SCHOOL COUNSELOR, AUTHOR, PRESENTER,
AND LEADER IN CREATING TRAUMA-SENSITIVE SCHOOLS

ENJOY A SMALL GROUP SESSION WITH MS. JEN TO:

- * EXPLORE YOUR PERSONAL "WHY"
 - * ASK QUESTIONS IN CONSULTATION WITH MS. JEN
 - * ENJOY AN OPTIONAL SELF-CARE ACTIVITY (WEATHER PERMITTING)
-

\$39 PER PERSON (LIMITED TO 12)

3:00-5:00 PM ON SUNDAY, JULY 15, 2018

KAYAKING 6:00-7:00 PM (ADDITIONAL COST)

ENJOY LOCAL TRAILS, EATERIES, & SHOPPING!

REGISTER AT MSJENALEXANDER.COM

MS. JEN'S LEVEL 1 TRAINING (7/16/18)



LED BY AN EXPERIENCED SCHOOL COUNSELOR, AUTHOR, PRESENTER,
AND LEADER IN CREATING TRAUMA-SENSITIVE SCHOOLS



LEARN:

WHAT IS TRAUMA?

HOW PREVALENT IS CHILDHOOD TRAUMA?

HOW DOES TRAUMA AFFECT STUDENTS AT SCHOOL?

WHAT CAN WE DO TO HELP ALL STUDENTS BE SUCCESSFUL?



\$99 PER PERSON

8:30-3:30 ON MONDAY, JULY 16, 2018

BREAKFAST PROVIDED ~ LUNCH ON YOUR OWN

ENJOY LOCAL TRAILS, EATERIES, & SHOPPING!

REGISTER AT MSJENALEXANDER.COM

MS. JEN'S *BONUS* POST-TRAINING (7/17/18)



LED BY AN EXPERIENCED SCHOOL COUNSELOR, AUTHOR, PRESENTER,
AND LEADER IN CREATING TRAUMA-SENSITIVE SCHOOLS

ENJOY A SMALL GROUP SESSION WITH MS. JEN TO:

- * DISCUSS TRAUMA-SENSITIVE DISCIPLINE PRACTICES
 - * ASK QUESTIONS IN CONSULTATION WITH MS. JEN
 - * ENJOY AN OPTIONAL SELF-CARE ACTIVITY (WEATHER PERMITTING)
-

\$39 PER PERSON (LIMITED TO 12)

8:00-10:00 AM ON TUESDAY, JULY 17, 2018

WATER WALKING 11:00-NOON (ADDITIONAL COST)

ENJOY LOCAL TRAILS, EATERIES, & SHOPPING!

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