

Ms. Jen's Trauma-Sensitive Training Institute

Facilitated by Jen Alexander, M.A., NCC, SB-RPT

Ms. Jen's Level I, II, and III Training Institute (September, 2020)

This online PD for **educators** will help you and your teams build a trauma-sensitive school, district, or organization. Each level is a 1-day training that is 6.0 hours in length. Attend one or more days (as long as you have completed the previous level).

Iowa teacher licensure renewal credit is available with an additional fee and project completion.

Objectives:

- 1-Discover the four essentials of trauma-sensitive schools
- 2-Recognize the complex ways trauma can affect youth
- 3-Receive guidance on building a trauma-sensitive learning environment within a multi-tier system of support (MTSS)
- 4-Understand restorative discipline practices (level I)
- 5-Practice using the innovative *River of Feelings* visual to help students improve regulation skills (level II)
- 6-Learn how to meet the needs of severely traumatized youth (level III)
- 7-Strengthen self-care practices

#BuildingTraumaSensitiveSchools

MS. JEN'S ONLINE SEPTEMBER INSTITUTE

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LEVELS I-III

Online 8:30 AM-3:30 PM

I-Sat., Sept. 12, 2020

II-Sat., Sept. 19, 2020

III-Sat., Sept. 26, 2020

Learn more and register [here](#).

MsJenAlexander.com

